NHS

End of life care and support in Leeds

Planning ahead for your future care

Information about Advance Care Planning

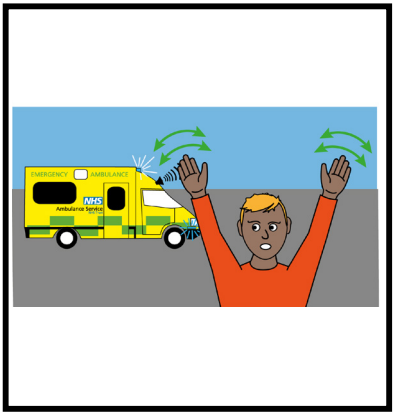
Easy Read

Leeds Palliative Care Network

This booklet uses easy words and pictures.

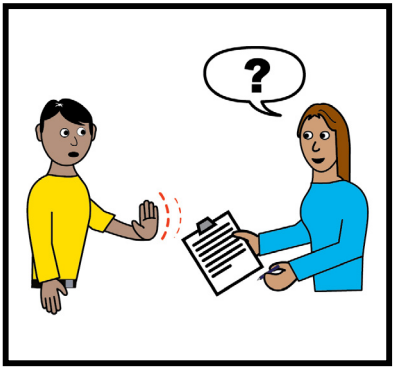
You might want to ask someone to help you read it.

When you are living with an illness that won't improve it might help to plan ahead.



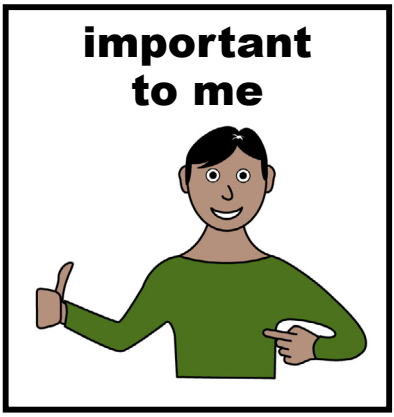
Sometimes in an emergency, or if you are very unwell, you might not be able to tell people what matters to you.

Planning ahead means people will know what you want.

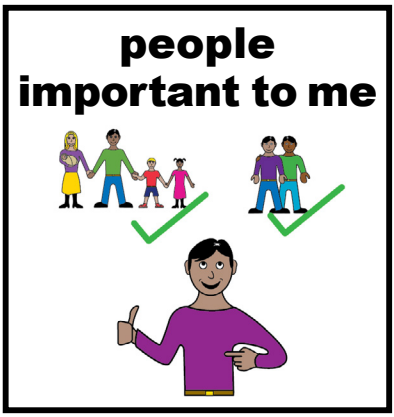


You do not have to talk about this. But it should be offered.

You can get support from your doctors, nurses or social care team to plan ahead.



You are the most important person in this and what you want matters.



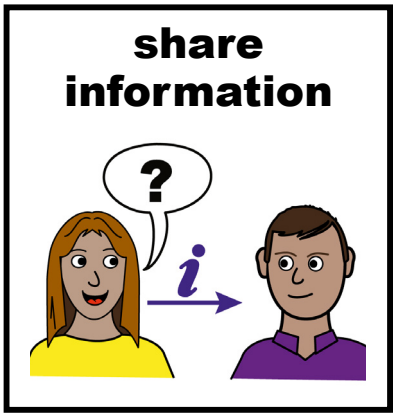
You can decide who you want to include.

Think about who is important to you.

You might want to think about what treatments you would not want in an emergency.

Or where you might like to be cared for and what support you might need.

This can be added to your patient records.



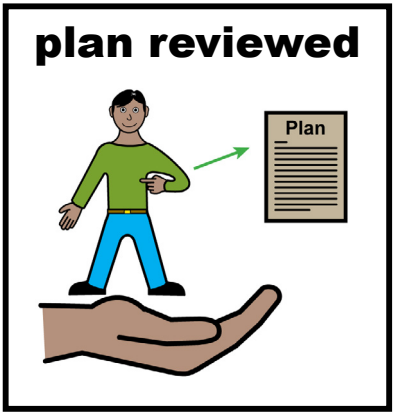
This is so everyone looking after you knows what is important to you.

In Leeds these decisions are usually recorded on a ReSPECT plan.

You will be given a copy of this plan.

Keep it safe.

Tell those important to you where it is, they may need it in an emergency.



This plan will be reviewed regularly with you and your team.

If you change your mind about any decisions you can talk to your team about it.

Please visit: **www.leedspalliativecare.org.uk** for information about local services in Leeds. We have other Easy Read leaflets available here.

If you have a Learning Disability or Autism diagnosis please complete a **Health Passport** and return it to the Learning Disability and Autism team on:

leedsth-tr.ldautism@nhs.net

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What did you think of your care?

Visit: www.leedsth.nhs.uk/patients/support/feedback-complaints/friends-family-test/

Scan or click the QR code - Your views matter

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