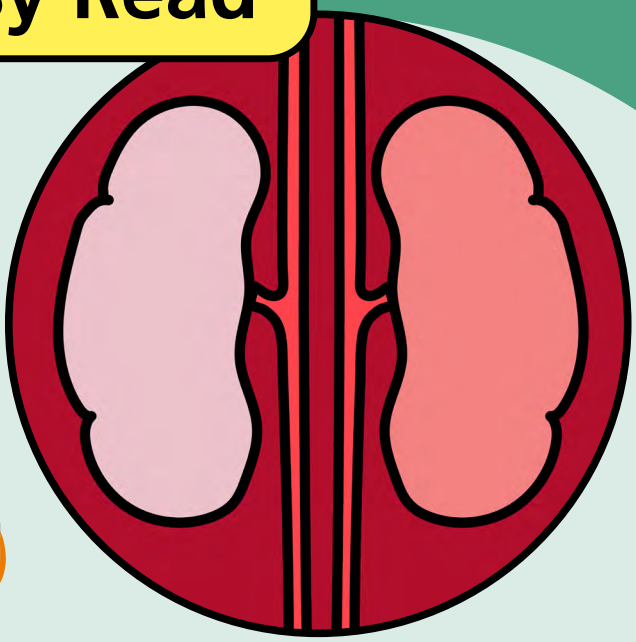
The Leeds Teaching Hospitals NHS Trust

Acute Kidney Injury

Information for patients

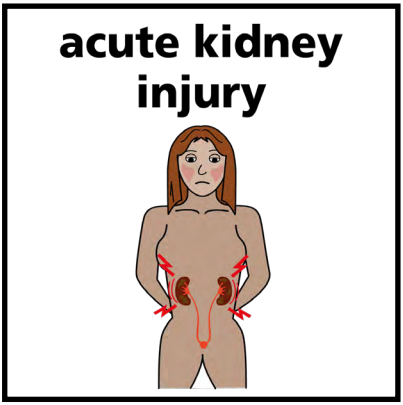
Easy Read



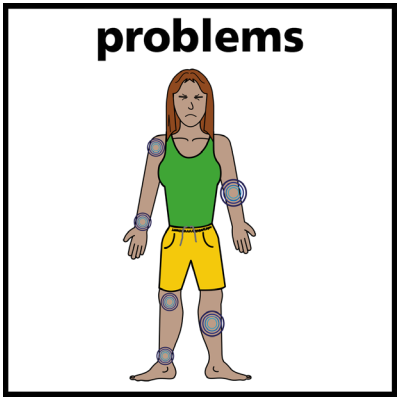
NATIONAL KIDNEY FEDERATION

This booklet uses easy words and pictures.

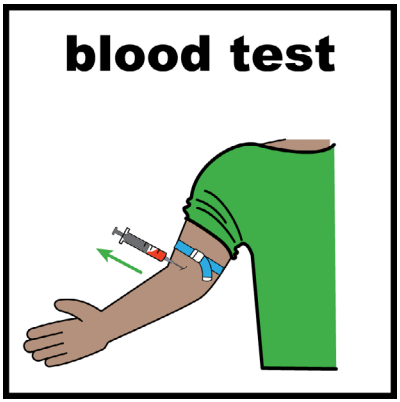
You might want to ask someone to help you read it.



Acute kidney injury (AKI) is where your kidneys suddenly stop working properly.



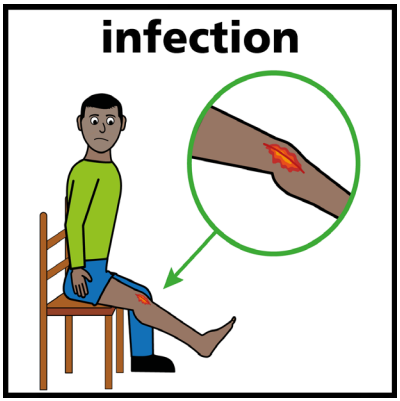
This is usually because there is problem somewhere else in the body.



It is diagnosed through a blood test.

Acute kidney injury can often get better with treatment.

What can cause Acute kidney injury?

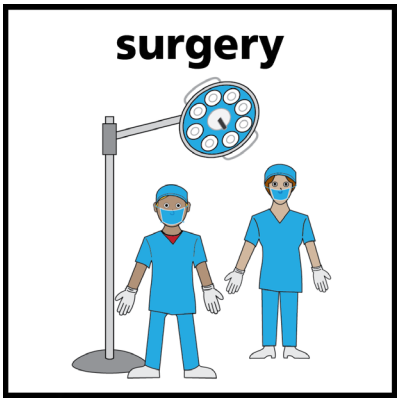


Severe infection – this can be anywhere in the body

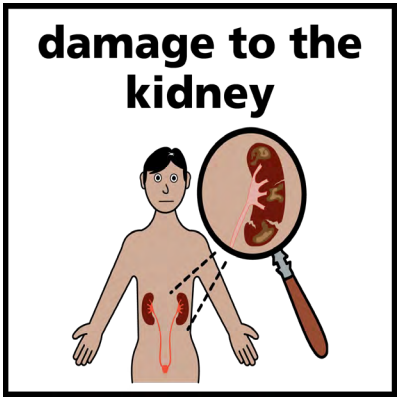
Dehydration, not enough water in your body

Drugs – this can be prescribed or illegal substances

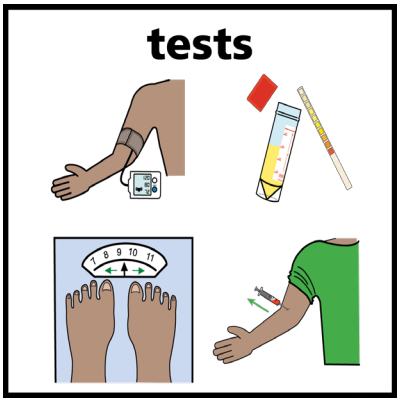
Urine blockage – urine is made in the kidney, if there is a blockage it cannot leave the body and toxins will build up.



Surgery – can cause stress and blood loss that affects the kidneys.



Kidney diseases – if you already have kidneys that don't work as well.



The doctors might need to run tests to find a reason for your acute kidney injury.

You may need some treatment to get you better like; medicine, a catheter for urine or fluid in a drip.

We have other easy reads that can support other tests and treatment for Acute kidney injury

If you have a Learning Disability or Autism diagnosis please complete a Health Passport and return it to the Learning Disability and Autism team on: **leedsth-tr.ldautism@nhs.net**

If you have any questions, please speak to your team.

The National Kidney Federation,

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S81 8BW

Email:
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Telephone:
(01909) 544 999

HELPLINE:
0800 169 0936
(free from UK Landlines
and Mobiles)

What did you think of your care?

Scan or click QR code, or visit **bit.ly/nhs leeds fft**

Your views matter

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